

|              |      |         |                |
|--------------|------|---------|----------------|
|              |      |         |                |
| Presentation |      |         |                |
|              |      |         |                |
| Hypopit:     | Full | Partial | No             |
| OR           | Yes  | No      | Dates/Location |
| Radiation    | Yes  | No      | Dates/Location |

Name:

Visit date:

STICKER

Family MD:

Neurosurgeon:

Eye specialist:

Others:

Allergies:

**Current management & follow-up****Tumour - specific medications**

|     |    |      |
|-----|----|------|
| Yes | No | Dose |
|-----|----|------|

Bromocriptine

Cabergoline

LAR

Other

**Pituitary replacement therapy**

|     |    |           |
|-----|----|-----------|
| Yes | No | Type/dose |
|-----|----|-----------|

Adrenal

Thyroxine

E2

Testosterone

GH

DDAVP

**Date of Last MRI:**

Findings: Stable

Yes

No

**Date of last Eye exam:**

Findings: Stable

Yes

No

**General Symptoms:**

|     |    |
|-----|----|
| Yes | No |
|-----|----|

Headaches

Visual Changes

Low Energy

Δ Weight

Δ Appetite

Nausea

Joint Pain

Δ Temperature

Δ Skin or hair

Δ Bowel

Δ Mood

Dizziness

Other

Regular Cycles 

|     |    |
|-----|----|
| Yes | No |
|-----|----|

 LMP:

every

Galactorrhea

Fertility issues

Sexual dysfn

↓ Libido

Osteopenia

BPH

Annual DRE

| Polydipsia or polyuria | Yes | No |
|------------------------|-----|----|
|                        |     |    |

|             |  |
|-------------|--|
| Name:       |  |
| Visit date: |  |

| <b><i>Cushings</i></b> | Yes | No | N/A |
|------------------------|-----|----|-----|
| Active                 |     |    |     |
| Hirsutism/acne         |     |    |     |
| Insomnia               |     |    |     |
| Mood changes           |     |    |     |
| Muscle weakness        |     |    |     |
| DM                     |     |    |     |
| HTN                    |     |    |     |
| Fracture               |     |    |     |
| BMD                    |     |    |     |

| <b>Acromegaly</b> | <i>Yes</i> | <i>No</i> | <i>N/A</i> |
|-------------------|------------|-----------|------------|
| Active            |            |           |            |
| Sweating          |            |           |            |
| Δ hands/feet      |            |           |            |
| Carpal Tunnel     |            |           |            |
| Joint pain        |            |           |            |
| Sleep apnea       |            |           |            |
| DM                |            |           |            |
| HTN               |            |           |            |
| MNG               |            |           |            |
| LVH               |            |           |            |
| ECHO              |            |           |            |
| Colonoscopy       |            |           |            |

## Past Medical History and Medications

| Physical findings                                                                   |                                                                                      |                 |        |
|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------|--------|
| Wt:                                                                                 |   | BP:             | / P:   |
| Skin:                                                                               |   | BP:             | / P:   |
| Visual Acuity:                                                                      | Normal : Yes No                                                                      |                 |        |
| R: L:                                                                               | Thyroid                                                                              |                 |        |
| Visual Fields (VF):                                                                 | CV                                                                                   |                 |        |
|  |  | Resp.           |        |
|                                                                                     |                                                                                      | (GI)            |        |
| VF Normal                                                                           |                                                                                      | Euthyroid       |        |
| RAPD                                                                                | No                                                                                   | Features of:    | Yes No |
| R L                                                                                 |                                                                                      | Excess cortisol |        |
| Yes No                                                                              |                                                                                      | Excess GH       |        |
| Normal:                                                                             |                                                                                      |                 |        |
| EOM:                                                                                |                                                                                      |                 |        |
| Fundi                                                                               |                                                                                      |                 |        |
| Colour/<br>vision                                                                   |                                                                                      |                 |        |

| Laboratory Date                 |           | am | pm |
|---------------------------------|-----------|----|----|
| Cortisol                        | Lytes     |    |    |
| TSH                             | usg /osmo |    |    |
| FT4                             | eGFR      |    |    |
| FT3                             | A1c       |    |    |
| PRL                             | Glucose   |    |    |
| IGF-1                           | Lipids    |    |    |
| GH:                             | Hb        |    |    |
| LH/FSH                          | LFTs      |    |    |
| E2/Prog                         | PSA       |    |    |
| Total/bioavailable testosterone |           |    |    |

| Impression/Plan | Investigations  |       |      |      |
|-----------------|-----------------|-------|------|------|
|                 | MRI             | q 6mo | 12mo | 24mo |
|                 | Eyes            | q 6mo | 12mo | 24mo |
|                 | Labs            | q 6mo | 12mo | 24mo |
|                 |                 |       | Yes  | No   |
|                 | Dynamic testing |       |      |      |
|                 | Referral        |       |      |      |

| Investigations |       |      |      |
|----------------|-------|------|------|
| MRI            | q 6mo | 12mo | 24mo |
| Eyes           | q 6mo | 12mo | 24mo |
| Labs           | q 6mo | 12mo | 24mo |

  

|                 | Yes | No | Test |
|-----------------|-----|----|------|
| Dynamic testing |     |    |      |
| Referral        |     |    |      |